

# City College of Health and Allied Sciences



*Education, Excellence, Employment*

Web: [www.accohas.ac.tz](http://www.accohas.ac.tz) | Tell +255 763 400 200 | +255 688 332 222

P.O. Box 90372 Arusha, Street Olkereyan Njiro Arusha City, Plot No. 156

## MEDICAL EXAMINATION FORM

### PART I: PERSONAL PARTICULARS (To be filled by the candidate)

SURNAME .....

FIRST NAME..... AGE..... SEX .....

MIDDLE NAME.....

MARITAL STATUS .....

### PARTS II-V (To be filled by a medically qualified and registered professional)

#### PART II: PERSONAL HISTORY

Are you suffering or have you suffered from any of the following? Indicate YES or NO.

- |                                    |  |
|------------------------------------|--|
| 1 Tuberculosis. ....               | 11 Diabetes. ....                                |
| 2 Asthma.....                      | 12 Epilepsy.....                                 |
| 3 Rheumatic fever .....            | 13 Deformity.....                                |
| 4 Allergic disorders .....         | 14 Mental Illness.....                           |
| 5 Heart disease .....              | 15 Eye disorder.....                             |
| 6 Gastric or duodenal ulcers ..... | 16 Ear, Nose or Throat Disorder.....             |
| 7 Jaundice.....                    | 17 Skin disease .....                            |
| 8 Dysentery .....                  | 18 Anemia.....                                   |
| 9 Varicose veins. ....             | 19 Gynecological disorder. ....                  |
| 10 Kidney disease. ....            | 20 Any other serious disorder (specify)<br>..... |

### **PART III : PHYSICAL EXAMINATION**

- |   |  |
|---|--|
| 1 Height (cm).....                                    | 5 Ears (state if any discharge).....   |
| 2 Skin. ....  | 6 Mouth and throat. ....   |
| 3 Weight (Kg) .....                                   | 7 Nose. ....   |
| 4 Eyes:<br>Conjunctivae.....<br>Pupils.....           | 8 Any abnormality.....<br>9 Cardiovascular system:<br>Blood pressure: Systolic. ....<br>Diastolic..... |
| Vision: Without glasses: Right<br>.....<br>Left. .... | Heart: Any Mummer? .....<br>Arteries and veins.....  |
| With glasses: Right. ....<br>Left. ....               | 10 Respiratory system:<br>Lung fields .....  |
|   | 11 Abdomen. ....   |

### **PART IV: LABORATORY**

- |   |  |
|---|--|
| 1. Urine:<br>Albumin .....                  | 2. Stool: Special emphasis on<br>Hookworm or Schistosoma       |
| Sugar: .....                                |  |
| Leucocytes .....                            |  |
| Schistosoma .....                           |  |
| 3. Blood Examination:<br>(a) Hb level ..... | 4. X-ray examination – Chest<br>(Include Radiologist's report) |
| (b) Neutrophils .....                       |  |
| (c) Eosinophils .....                       |  |
| (d) Basophiles .....                        |  |
| (e) Lymphocytes .....                       |  |
| (f) Monooytes .....                         |  |
| (g) ESR .....                               |  |
| 5. Serology:<br>Widal Test .....            | 6. Pregnancy test (Females) .....                              |
| VDRL .....                                  |  |

### **PART V: CONCLUSION**

I have examined Mr/Miss/Mrs .....and consider  
that he/she is physically and mentally fit / not fit to be admitted to the University for higher education.  
Date: .....  
Name: .....  
Signature .....

Qualifications: ..... Official STAMPAddress: .....